

Disclosures to Participants

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Title of Activity: Assessment of Cognition and Depression in the Aging Patient Using the St. Louis University Mental Status (SLUMS) Exam and the Geriatric Depression Scale



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Requirements for Successful Completion:

The purpose of this education activity is to enhance the assessment skills of the long-term care registered nurse in the area of cognition and depression by addressing the performance and utilization of the SLUMS Exam and Geriatric Depression Scale. The activity aims to improve interventions and treatment for patients in long-term care settings as evidenced by the RN's achievement of all activity objectives and a passing score on the activity post-test.



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1. The RN will demonstrate how to assess a patient's cognitive abilities by the administration of the SLUMS Exam.
2. The RN will demonstrate how to assess for depression in a geriatric patient by the administration of the Geriatric Depression Scale.
3. The RN will discuss the importance of clinical judgement and consideration of circumstances when scoring a geriatric patient's SLUMS Exam and Geriatric Depression Scale.

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- To receive contact hours for this continuing education activity, the participant must:
 - » Complete and submit an evaluation form
 - » Achieve a passing score of 80% on the activity post-test
- Once successful completion has been verified, a “Certificate of Successful Completion” will be awarded for 1.0 contact hours.

Disclosures to Participants

- **Conflicts of Interest**

Explanation: A conflict of interest occurs when an individual has an opportunity to affect or impact educational content with which he or she may have a commercial interest or a potentially biasing relationship of a financial nature. All planners and presenters/authors/content reviewers must disclose the presence or absence of a conflict of interest relative to this activity. All potential conflicts are resolved prior to the planning, implementation, or evaluation of the continuing nursing education activity. All activity planning committee members and presenters/authors/content reviewers have submitted Conflict of Interest Disclosure forms.

- The planning committee members and presenters/authors/content reviewers of this CNE activity have disclosed no relevant financial relationships related to the planning or implementation of this CNE activity.

Disclosures to Participants

- Non-Endorsement of Products
 - » Approval of this CNE activity refers only to the continuing nursing education activity and does not imply a real or implied endorsement by **mmLearn.org** at **Morningside Ministries**, the American Nurses Credentialing Center (ANCC) or the Texas Nurses Association (TNA) of any commercial product, service, or company referred to or displayed in conjunction with this activity, nor any company subsidizing costs related to this activity.
- Expiration Date: 12/9/2015



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Reporting of Perceived Bias:

- Bias is defined by the American Nurses Credentialing Center's Commission on Accreditation (ANCC COA) as preferential influence that causes a distortion of opinion or of facts. Commercial bias may occur when a CNE activity promotes one or more product(s) (drugs, devices, services, software, hardware, etc.). This definition is not all inclusive and participants may use their own interpretation in deciding if a presentation is biased.
- The ANCC COA is interested in the opinions and perceptions of participants at approved CNE activities, especially in the presence of actual or perceived bias in continuing education. Therefore, ANCC invites participants to access their "ANCC Accreditation Feedback Line" to report any noted bias or conflict of interest in the education activity. The toll free number is 1(866) 262-9730.



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SLUMS Examination & The Geriatric Depression Scale



David A. Smith, M.D., FAAFP, CMD, Geriatric Consultants of Central Texas, P.A.

Participant #1

“Duke”



Participant #2

“Shirley”



Participant #3

“Morris”



Saint Louis University Mental Status (SLUMS) Examination

SH Tariq, N Tumosa, JT Chibnall, HM Perry III, and JE Morley. The Saint Louis University Mental Status (SLUMS) Examination for Detecting Mild Cognitive Impairment and Dementia is more sensitive than the Mini-Mental Status Examination (MMSE) – A pilot study. J am Geriatr Psychiatry 14:900-910, 2006



Geriatric Depression Scale

Answers indicating depression are highlighted in bold.
Each bold answer counts as 1 point;
scores greater than 5 indicate probable depression.

Ref. Yesavage, J.A., Brink, T.L., Rose, T.L., Lum, O., Huang, V., Adey, M., Leirer, V.O. (1983).

Development and Validation of a Geriatric Depression Screening Scale:
A Preliminary Report. *Journal of Psychiatric Research*, 17: 37-49.



Question #1

What day is it?



Question #2

What is the year?



Question #3

What state are we in?



Question #4

Please remember these five objects.
I will ask you what they are later.

Apple

Pen

Tie

House

Car



Question #5

You have \$100 and you go to the store and buy a dozen apples for \$3 and a tricycle for \$20.

How much did you spend?
How much do you have left?

Question #6

Please name as many animals as you can in one minute.

0-4 animals = 0 points

5-9 animals = 1 point

10-14 animals = 2 points

15+ animals = 3 points



Question #7

What were the five objects I asked
you to remember?

Apple

Pen

Tie

House

Car



Question #8

I am going to give you a series of numbers and I would like you to give them to me backwards.

87

649

8537



Question #9

Make this circle into a clock by putting in the hour markers and the time at ten minutes to eleven o'clock.

Question #11

I am going to tell you a story. Please listen carefully because afterwards, I'm going to ask you some questions about it.

Question #11

Jill was a very successful stockbroker. She made a lot of money on the stock market. She then met Jack, a devastatingly handsome man. She married him and had three children. They lived in Chicago. She then stopped work and stayed at home to bring up her children. When they were teenagers, she went back to work. She and Jack lived happily ever after.

Question #11

What was the female's name?

What work did she do?

When did she go back to work?

What state did she live in?



SLUMS Scoring

High School Education

27-30 Normal

20-26 MCI

1-19 Dementia

Less than High School Education

20-30 Normal

15-19 MCI

1-14 Dementia



SLUMS Scoring

High School Education

27-30 Normal

20-26 MCI

1-19 Dementia

Less than High School Education

20-30 Normal -----Duke's SLUMS score = 20

15-19 MCI

1-14 Dementia



SLUMS Scoring

High School Education

27-30 Normal -----Shirley's SLUMS score = 30

20-26 MCI

1-19 Dementia

Less than High School Education

20-30 Normal

15-19 MCI

1-14 Dementia



SLUMS Scoring

High School Education

27-30 Normal

20-26 MCI

1-19 Dementia

Less than High School Education

20-30 Normal

15-19 MCI -----Morris' SLUMS score =16

1-14 Dementia

