

Skill Checklists to Accompany Taylor's Clinical Nursing Skills:  
A Nursing Process Approach, 2<sup>nd</sup> Edition  
Wolters Kluwer/Lippincott Williams & Wilkins

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Unit: \_\_\_\_\_ Position: \_\_\_\_\_

Instructor/Evaluator: \_\_\_\_\_ Position: \_\_\_\_\_

Met	Unmet	Obtaining a Urine Specimen From an Indwelling Urinary Catheter	
		Goal: An adequate amount of urine is obtained from the resident without contamination or adverse effect and the resident experiences minimal anxiety during the collection process.	Comments
_____	_____	1. Identify the resident. Explain procedure to resident. Organize equipment at bedside.	
_____	_____	2. Perform hand hygiene and put on nonsterile gloves.	
_____	_____	3. Close curtains around bed and close door to room if possible.	
_____	_____	4. Clamp the catheter drainage tubing or bend it back on itself distal to the port. If an insufficient amount of urine is present in the tubing, allow tubing to remain clamped up to 30 minutes, to collect sufficient amount of urine, unless contraindicated. Remove lid from specimen container, keeping the inside of the container and lid free from contamination.	
_____	_____	<b>5. Cleanse aspiration port with alcohol wipe and allow port to air dry.</b>	
_____	_____	6. Insert the blunt-tipped needle into the port, or attach the syringe to the needleless port. Slowly aspirate enough urine for specimen (usually 10 mL is adequate; check facility requirements). Remove needle or syringe from port. Engage needle guard. <b>Unclamp drainage tubing.</b>	
_____	_____	7. If a needle was used on the syringe, remove the needle from the syringe before emptying the urine from the syringe into the specimen cup. Slowly inject urine into specimen container. Replace lid on container. Dispose of needle and syringe appropriately.	
_____	_____	8. Remove gloves. Perform hand hygiene.	
_____	_____	9. Label specimen with resident's name, time specimen was collected, route of collection, identification for person obtaining sample, and any other information required by agency policy. Place label on the container per facility policy. Place container in plastic sealable biohazard bag.	
_____	_____	10. Transport specimen to laboratory as soon as possible. If unable to take specimen to laboratory immediately, refrigerate it.	
_____	_____	11. Document: Date and time specimen obtained, amount and characteristics of urine, sterile procedure used to obtain specimen; document date and time of transport of specimen to laboratory.	