# Adaptive Clothing





# What is Adaptive Clothing

- Clothing modified to allow for easier dressing of a patient/resident by a caregiver
- Looks and feels like regular clothing, but difference is how it is put on or taken off of the body





# **Benefits of Adaptive Clothing**

- For the patient:
  - Minimizes awkward and painful joint movements
  - Helps reduce emotional stress.
  - Supports a sense of well-being





# **Benefits of Adaptive Clothing**

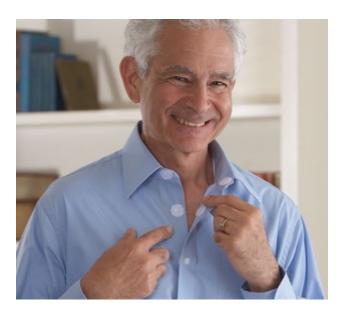
- For the caregiver:
  - Reduces physical strain associated with dressing a patient.
  - Easier to put on and takes less time than regular clothing





• Velcro or magnetic closures instead of buttons







• Opens to the back instead of the front









• Opens at the shoulder







• Opens down the sides



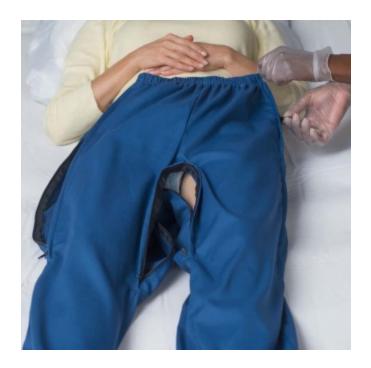




# **Adaptive Pants**

• Opens partially down the sides







## **Adaptive Pants**

• Opens all the way down the sides





# **Adaptive Pants**

• Wheelchair Pants







## **Adaptive Shoes**









#### Modifying Regular Clothing into Adaptive Clothing

- Inspiration for DIY:
  - YouTube video:
    <u>https://www.youtube.com/</u> watch?v=MDYW-Q9F334
  - Pinterest
- Ask a local alterations shop





#### Where Can I Purchase Adaptive Clothing?

- Adaptive Clothing Companies:
  - Silverts Adaptive Clothing and Footwear
  - <u>Resident Essentials Adaptive Clothing</u>
  - Buck and Buck
  - <u>1-800-Wheelchair.com</u>
- Others:
  - Amazon
  - ebay
  - Etsy
  - Walmart





### References

Occupational Health and Safety Agency for Healthcare in British Columbia (2004). *Resource Guide: Adaptive Clothing.* Retrieved from http://www.phsa.ca/Documents/Occupational-Health-Safety/GuideAdaptiveClothingResources.pdf.

Verdone, A. (2011, May 25). *Adaptive Clothing*. Retrieved from https://improveability.wordpress. com/2011/05/25/adaptive-clothing/.



#### **Comments or suggestions?**

please Survey

# **Thank You**



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#### Thank You



