Objectives

• Discuss proper denture care
  » Maintenance
  » Cleaning
  » When dentures are not in use

• Discuss infectious diseases caused by improper denture care

• Proper application of dentures
Maintenance

- Handle dentures with great care
  - Standing over sink or towel to avoid dropping/breaking
- Brush/rinse daily
  - Brushing helps remove plaque and food, also helps prevent stains
  - Rinse dentures after every meal
  - Use a soft-bristled toothbrush for “natural teeth”
Denture Toothbrush
Cleaning

• Cleaning with denture solution
  » Don’t use
    • Household cleaners/toothpaste (TOO ABRASIVE)
    • Bleach can whiten pink portion of denture
    • Listerine or alcoholic solutions can cause drying/cracking of dentures

  » Use
    • Denture paste/gel or mild non-toxic cleansing solution
    • Professional Denture solution

*Ultrasonic cleaner (used in dental offices)
Dentures need to be kept moist so they don’t dry out or lose shape.

Place in denture solution:
- Careful if denture has metal attachments (may tarnish when placed in soaking solution, ask DDS for best method).
- **NEVER** soak in hot water, could warp the denture/partial.
Change Solution Daily
Denture-Induced Fibrous Hyperplasia

- Epulis Fissuratum
  - Caused by ill-fitting denture
Inflammatory Papillary Hyperplasia of Palate

- Form of denture stomatitis
  - Associated with wearing dentures 24hrs/day
  - Multiple red papillary projections on palate
Denture Application

• Make sure dentures are clean and moist before applying into the mouth

• Proper amount of adhesive

• If denture is causing irritation you can apply a lubricant to help with application
Improper Denture Fit

- Ill fitting- due to weight loss (more than 10 lbs.) will need to be re-lined for proper fit
- Find yourself having trouble eating
- Making noise while you eat
- Dentures are falling out of your mouth/place
- If having trouble with fitting your dentures/partial contact your DDS immediately
Appropriate Denture Adhesive
Take Care Dentures!
Resources

1. Caring for Your Dentures: Cleaning and Repairing Dentures. (n.d.).
   http://www.webmd.com/oral-health/guide/caring-dentures

2. How to Apply Denture Adhesive. (n.d.).
   http://www.wikihow.com/Apply-Denture-Adhesive