



Skill Checklists to Accompany Taylor's Clinical Nursing Skills:
 A Nursing Process Approach, 2nd Edition
 Wolters Kluwer/Lippincott Williams & Wilkins

Name: _____ Date: _____

Unit: _____ Position: _____

Instructor/Evaluator: _____ Position: _____

		Changing and Emptying an Ostomy Appliance	
Met	Unmet	Goal: The stoma appliance is applied correctly to the skin to allow stool to drain freely.	Comments
_____	_____	1. Gather necessary equipment. Identify the resident. Explain procedure and encourage resident to observe or participate if possible.	
_____	_____	2. Close curtains around bed and close door to room if possible.	
_____	_____	3. Perform hand hygiene.	
_____	_____	4. Assist resident to a comfortable sitting or lying position in bed or a standing or sitting position in the bathroom.	
		Emptying an Appliance (may be performed by CNA or Nurse)	
_____	_____	5. Ostomy appliances should be emptied when 1/3 – 1/2 full. Put on disposable gloves. Remove clamp and fold end of pouch upward like a cuff.	
_____	_____	6. Empty contents into bedpan, toilet, or measuring device. Rinse appliance or pouch with tepid water in a squeeze bottle.	
_____	_____	7. Wipe the lower 2” of the appliance or pouch with toilet tissue.	
_____	_____	8. Uncuff edge of appliance or pouch and apply clip or clamp. Remove gloves. If appliance is not to be changed, perform hand hygiene. Assist resident to comfortable position.	
		Changing an Appliance (to be performed by Nurse)	
_____	_____	9. Place a disposable pad on the work surface. Set up the wash basin with warm water and the rest of the supplies. Place a trash bag within reach.	
_____	_____	10. Put on clean gloves. Place waterproof pad under the resident at the stoma site. Empty the appliance as previously described.	
_____	_____	11. Gently remove pouch faceplate from skin by pushing skin from appliance rather than pulling appliance from skin. Start at the top of the appliance, while keeping the abdominal skin taut. Push the skin from the appliance rather than pulling the appliance from the skin.	
_____	_____	12. Place the appliance in the trash bag, if disposable. If reusable, set aside to wash in lukewarm soap and water and allow to air dry after the new appliance is in place.	
_____	_____	13. Use toilet tissue to remove any excess stool from stoma. Cover stoma with gauze pad. Clean skin around stoma with mild soap and water or a cleansing agent and a washcloth. Remove all old adhesive from skin; an adhesive remover may be used. Do not apply lotion to peristomal area.	

Met	Unmet	Changing and Emptying an Ostomy Appliance (Continued)	
			Comments
_____	_____	14. Gently pat area dry. Make sure skin around stoma is thoroughly dry. Assess stoma and condition of surrounding skin.	
_____	_____	15. Apply skin protectant to a 2” (5-cm) radius around the stoma, and allow it to dry completely, which takes about 30 seconds.	
_____	_____	16. Lift the gauze squares for a moment and measure the stoma opening, using the measurement guide. Replace the gauze. Trace the same-size opening on the back center of the appliance. Cut the opening 1/8” larger than the stoma size.	
_____	_____	17. Remove the backing from the appliance. Quickly remove the gauze squares and ease the appliance over the stoma. Gently press onto the skin while smoothing over the surface. Apply gentle pressure to appliance for 5 minutes.	
_____	_____	18. Close bottom of appliance or pouch by folding the end upward and using clamp or clip that comes with product.	
_____	_____	19. Remove gloves. Assist the resident to a comfortable position. Cover the resident with bed linens. Place the bed in the lowest position.	
_____	_____	20. Put on clean gloves. Remove or discard equipment and assess resident’s response to procedure. Remove gloves and perform hand hygiene.	