

iCare series available at Resource Center

THE FOLLOWING was submitted by Virginia Valenzuela, Georgie Briscoe Resource Center director.

"The spirit of caring is more important than right practice. Though the second is critical, the first is irreplaceable." This is one of many thought-provoking comments from a viewer in Uvalde after watching "The Art, Science and Spirit of Caring" presented by Maria Wellisch, vice-president of corporate training from Morningstar Ministries in San Antonio.

The webcast is part of the iCare series from mmLearn.org.

The iCare series features a monthly live webcast presented by skilled practitioners in the field of aging to provide healthcare professionals and family caregivers with the latest training in the care of older adults.

Topics presented within the last year include "Families Coping with Dementia," "Dehydration," "Difficult Problem of Falls" and "Understanding Wandering and Preventing Elopement."

Topics presented in 2011 include "Assisting in Transitions to Memory Care" and "The Relationship of Dementia and Spirituality." These are all provided in an effort



Maria Wellisch

ones.

The live webcasts give online viewers an opportunity to not only watch and listen, but also participate by sending in questions that can be answered by the presenter during the webcast.

This added component gives the feel of being in the same room as the presenter without the need or expense of travel, and the webcasts are free to anyone with Internet access.

Once the programs are aired, they are placed on the mmLearn.org Web site for on-demand viewing, usually within 24 hours of the original webcast.

The programs are also available for viewing at the Georgie Briscoe Resource Center, 501 N. High St., in Uvalde.

Many caregivers have expressed how this type of programming enhances their knowledge and assists them by providing the support and training that is cru-

cial in their role of caring for an older adult. Many have been moved to share their own stories with us about their caregiving journey,

"Thank you for sharing your story, it reminds me of my grandmother's life. She too, has passed away due to Alzheimer's. Sometimes I wish she was still here with me. Other times I wish I had a better understanding of her illness during that time because I always felt lost, angry and confused, but I have gained more knowledge since then and I am able to help others now; and I would like to receive more training regarding this matter."

The iCare webcasts can be viewed the third Thursday of every month from 2 to 3 p.m. at mmLearn.org.

The next presentation, "Tell Me What You Do" presented by Wellisch, will give an inside look at the role of each employee serving residents in long-term care and assisted living.

The next webcast is scheduled for March 17.

For more information contact Virginia Valenzuela at 830-261-9363 or via e-mail at vrv@mmlearn.org.

Join the Georgie Briscoe Resource Center page on Facebook for updates.

CALENDAR

EDUCATIONAL CLASSES: There will be a free class for parents of children in special education programs focusing on "Contents of the Individual Education Plan" today from 11 a.m. to 1 p.m. at the Alamo Workforce Solution Center, 740 18th St., in Hondo. Those attending may bring a snack or lunch. Spanish-speaking representatives will be available. Dot O'Donnell, 210-483-3233 or dotprnteam@sbcglobal.net.

COMEDY PERFORMANCE: "God's Favorite," a Neil Simon comedy, will be performed at the Janey Slaughter Briscoe Grand Opera House tomorrow at 8 p.m. Additional performances will be Saturday at 8 p.m. and Sunday at 2:30 p.m. Cost is \$12 for orchestra seats and \$10 for premium seats. Opera house, 278-4184.

WINTER CEREMONIALS: The Sahawe Indian Dancers' Winter Ceremonials will be held tomorrow at 8 p.m. and Saturday at 2 and 8 p.m. at First United Methodist Church. Bill Dillahunt, 278-2016.

COUNTRY DANCE: There will be a country dance tomorrow at 7 p.m. at Uvalde Adult Activity Center with music by Country From the Heart. 278-9571.

STARGAZING AT FORT INGE: The public is invited to view the stars, planets, and other celestial objects through telescopes with the Uvalde County Stargazers at Fort Inge Park Saturday beginning at 6:45 p.m., weather permitting. Those attending are encouraged to bring a lawn chair and a small flashlight. Michael Robinson, 830-934-2271 or 254-541-4037.

COOKIE SALE: Girl Scouts will sell cookies Saturday from 2 to 4 p.m. at Itek Computers, 117 S. Getty St.

ITALIAN SUPPER: There will be an Italian Supper Saturday from 5:30 to 7 p.m. at Uvalde Adult Activity Center. Cost is a \$5 per plate donation. This meal is sponsored by the Uvalde Adult Activity Center's water classes. 278-9571.

MARKET DAYS: Uvalde Market Days will be held Saturday from 10 a.m. to 5 p.m. at the Downtown Plaza. There will be music, arts and crafts, food and more. 210-844-8193 or www.uvaldemarketdays.com.

TOWN HALL MEETING: Congressman Quico Canseco will conduct a town hall meeting Saturday at 10 a.m. in the Willie De Leon Civic Center Reading Room. Jennifer Garver, 278-3315.

BOWLING TOURNAMENT: The fourth-annual Relay for Life Bowling Tournament will

be held Sunday at noon at Uvalde Bowling Center. Entry fee is \$15 per team member. Prizes will be awarded to every team registering. There will also be a hamburger with chips and a soda plate sale. Cost per plate is \$5. Rhonda Vigil, 275-5350 or rhondavigil@yahoo.com.

RETIRED TEACHERS: The Huajilla Unit of Texas Retired Teachers Association will meet Tuesday at Security State Bank in Pearsall at 10 a.m. A Border Patrol representative will present the program, which will be followed by a business meeting and lunch. All retired school personnel are invited.

PARENTING PROGRAM: Wednesday at 1:30 p.m., the Uvalde Consolidated Independent School District Parenting Program will present the Easter project at the Sacred Heart School Library. 591-4966, ext. 1318 or ext. 1320.

HUMANE SOCIETY: Humane Society of Uvalde will meet March 3 at noon at Uvalde Country Club. The meeting is open to the public.

POST 479: American Legion Post 479 and American Legion Auxiliary Unit 479 will meet March 3 at 7 p.m. in the American Legion Hall, 583 W. Main St. Post 479, Oscar Peña, 275-5277; Auxiliary, Irene Castro, 486-3110.

POST 26: Uvalde American Legion Post 26 and the Ladies Auxiliary will meet March 3 at 6 p.m. at the Post Home on Old Eagle Pass Road. All members are encouraged to attend.

FOXY LADIES: The Foxy Ladies will meet for lunch Saturday, March 5, at 11:30 a.m. at The People's Cafe in La Pryor. Foxy Ladies is an official chapter of the Red Hat Society. All ladies are welcome to attend. Cleo Lemon, 278-7767.

WELLNESS CENTER FUNDRAISER: Members of Community Health Development Inc. are selling 1,000 tickets for a custom-built barbecue pit and trailer from Texas Best Pit for the grand prize in a drawing to be held March 12. Tickets are available for \$10 each. Proceeds will benefit the Wellness Center capital campaign project. Triana Tenorio, 278-5604 ext. 3100.

BABYSITTERS CLASS: Uvalde Memorial Hospital will offer an American Red Cross Babysitters Class on March 14. The class will be held from 9 a.m. to 4:30 p.m. in the hospital Education Center. Cost is \$30, which includes supplies. Only 14 slots are available. RSVP to Rosemary Ayala, 830-278-6251, ext. 1129.

BEALLS



Free 8-pc. Gift

WITH ANY 24.50 ELIZABETH ARDEN PURCHASE

Exceptional Lipstick in Autumn, PREVAGE Day Ultra Protection Anti-Aging Moisturizer SPF 30, Red Door Mirror, Ceramide Plump Perfect Ultra Lift and Firm Eye Cream SPF 15, Eight Hour Cream Skin Protectant, Pretty Elizabeth Arden Fragrance, Ceramide Gold Ultra Restorative Capsules Intensive Treatment for Face and Throat, plus ostrich-print tote. One gift per customer, please; while supplies last.

Elizabeth Arden

2326 E. Main • Uvalde • (830) 279-0984 • Mon - Sat 10 am - 9 pm • Sunday 12 - 6 pm

SABINAL GRILL

Hours
Monday, Tuesday,
Wednesday and
Sunday
11 a.m. - 2 p.m.
Thursday, Friday,
and Saturday
11 a.m. - 9 p.m.

• Steaks
• Burgers
• Mexican Food

Lunch Specials Everyday
Special: All-You-Can-Eat Catfish Friday Night

Downtown Sabinal • 830-988-2225

Janey Slaughter Briscoe
Grand Opera House
Presents
"Hansel and Gretel"
Performed by Carranza's Puppets

Saturday, March 5, 2011
Matinee - 2:30 p.m.
Evening Performance - 7:00 p.m.
All Seating \$5 • Call (830) 278-4184

BIRTHS

It's a girl!

Jenny and Michael Dixon of San Antonio announce the birth of their daughter, Lucia Neal Dixon, on Feb. 10, 2011, at North Central Baptist Hospital in San Antonio.

Lucia weighed 7 pounds, 8 ounces and measured 20 inches in length.

Welcoming her is one brother, 4-year-old Landon Stone Dixon.

Maternal grandparents are B.J. and Susan Stone of Uvalde.

Maternal great-grandmother is Mrs. John Buchanan of Concan.

Paternal grandparents are Jimmy and Linda Dixon of Wharton.

Paternal great-grandparents are Dorothy Rac-hunek of Wharton and Daniel Dixon of Rosenberg.

It's a girl!

Alyssa Monic Ramirez and Jose Martin Carranza Jr. of Uvalde announce the birth of their daughter, Surie Reneay Ramirez, on Feb. 13, 2011, at Uvalde Memorial Hospital.

Surie weighed 6 pounds, 9 ounces and measured 18 inches in length.