



*Skill Checklists to Accompany Taylor's Clinical Nursing Skills:
A Nursing Process Approach, 2nd Edition
Wolters Kluwer/Lippincott Williams & Wilkins*

Name: _____ Date: _____

Unit: _____ Position: _____

Instructor/Evaluator: _____ Position: _____

Testing Stool for Occult Blood		
Met	Unmet	Comments
		<p>Goal: An uncontaminated stool sample is obtained following collection guidelines and transported to the laboratory within the recommended time frame, without adverse effect.</p>
_____	_____	1. Identify the resident. Discuss with resident the need for a stool sample. Explain to resident the process by which the stool will be collected, either from a bedpan, commode, or plastic receptacle in toilet.
_____	_____	2. Close curtains around bed or close door to room if possible.
_____	_____	3. Perform hand hygiene.
_____	_____	4. Place the plastic collection receptacle in the toilet, if applicable. Assist the resident to the bathroom or onto the bedside commode, or assist the resident onto the bedpan. Instruct resident not to urinate or discard toilet paper with the stool, which may contaminate the specimen.
_____	_____	5. After the resident defecates, assist the resident out of the bathroom, off the commode, or remove the bedpan. Perform hand hygiene and put on disposable gloves.
_____	_____	6. With wooden applicator, apply a small amount of stool from the center of the bowel movement onto one window of Hemoccult testing card. With opposite end of wooden applicator, obtain another sample of stool from another area and apply a small amount of stool onto second window of Hemoccult card.
_____	_____	7. Close flap over stool samples.
_____	_____	8. If testing at bedside, open flap on opposite side of card and place two drops of developer over each window and wait the time stated in the manufacturer's instructions.
_____	_____	9. Observe card for any blue areas.
_____	_____	10. Discard Hemoccult testing slide appropriately, according to facility policy. Remove gloves and perform hand hygiene.